

MyHealth Newsletter

(Brought to you by MyHealth Administrators)



Introducing new MyHealth Disease Management Forms ..

Dear Doctor,

MyHealth Administrators has pleasure in introducing our new HIV DISEASE MANAGEMENT FORMS to you. The forms' headings are as follows:

- Form A: CONSENT FORM** - To be signed by patient, parent or caregiver at intake
- Form B: ADULT INTAKE FORM**
- Form C: PAEDIATRIC INTAKE FORM**
- Form D: FOLLOW-UP FORM** - for both adults and children once enrolled on HAART

Why new forms?

Ever since Methealth Namibia Administrators and Prosperity Health Administrators teamed up to form MyHealth Administrators, utilising a local Namibian Team of HIV Management Clinicians, experience has been gained on the type of information that will suffice for patient evaluation. This information has now been incorporated in the new application forms.

Why should doctors complete the forms in full?

Forms need to be completed in full for the following benefits:

- To enable the local HIV Clinicians Panel to have a global picture of each difficult case referred to them
- To ensure completeness of data for audit purposes
- To aid analysis of data to enable informed policy making in terms of ARV regimens
- To ensure data compatibility with the public sector when the Ministry of Health and Social Services eventually invites data from the private sector
- To confirm the ability of a database to meet international standards

How many forms need to be completed?

1. At enrolment: -only **Form A** and both sides of either **Form B** or **Form C**
2. On follow-up: -only **Form D**



Wear your AIDS ribbon to show your Support for people living with HIV/Aids!

But is this not time-consuming?

Perhaps so, but MyHealth Administrators partially accounts for your time by creating an in-house code that allows you to claim N\$200.00 for consultation instead of N\$160.00 for code 0101. For your convenience, the forms have been simplified with boxes and phrases for you to simply tick off.

What extra benefits do I get for meticulous completion of the forms?

The database is continuously being developed so that in future, you could gain access to your patients' complete records of HIV management without opening their folders. MyHealth Administrators will provide you with the access restricted to patients registered in your practice only.



Availability of Forms

Application Forms are also included in this Circular for your convenience.

Forms can also be obtained from:

- MyHealth's Website, www.mhnamibia.com
- any Client Service Office, or
- Contact our Service Provider Helpdesk at 061-374 163 and forms will be forwarded to your Practice.



Wear your AIDS ribbon to show your
Support for people living with HIV/Aids!

MyHealth Team

Should you need any advice or have any queries, please do not hesitate to contact any of the following Departments:

1. HIV Disease Management - our Case Management Advisors.

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| 1. Juliana Gaeseb | Tel. 061-375 953 | Fax: 061-375 969 | caseman-ager2@mhnamibia.com |
| 2. Julie Neidel | Tel. 061-375 954 | Fax: 061-375 969 | caseman-ager1@mhnamibia.com |
| 3. Sabine Gous | Tel. 061-375 951 | Fax: 061-375 969 | caseman-ager3@mhnamibia.com |

2. Claims Enquiries

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| 1. Elani Schultz | Tel. 061-375 962 | Fax: 061-374 162 | myhealth@mhnamibia.com |
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Kind regards

MyHealth Team