## **CORPORATE WELLNESS VISIT REQUEST FORM**

If you wish to request NMC for a Wellness Day to be held at your company premises, please complete the form below and mail the form to wellness@methealth.com.na

	COMPANY DETAILS FOR WELLNESS DAY
The Corporate Wellmass	REQUESTS:
	COMPANY NAME
Programme	
	NO OF EMPLOYEES
	CONTACT PERSON AT COMPANY
	CONTACT PERSON AT COMPANY
CONTACT NUMBER / FAX NO	
MAIL ADRESS OF CONTACT PERSON	

PREFERRED MONTHS AND DATE(S) FOR A WELLNESS DAY

**IMPORTANT NOTE**: The NMC Wellness assistant will be in contact with you to discuss the details of your request and to confirm a specific date for your company.

